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THE LIVING ROOM CEILING CHOICE GUIDE

Keep the height. Choose the light.

Do you need a false ceiling, a small feature, or neither?



AI illustration. A plain ceiling can be a finished choice.

KEEP / COMPARE / PLAN

Two home examples, a height note and a same-room quote sheet. Choose the work that solves your room problem.

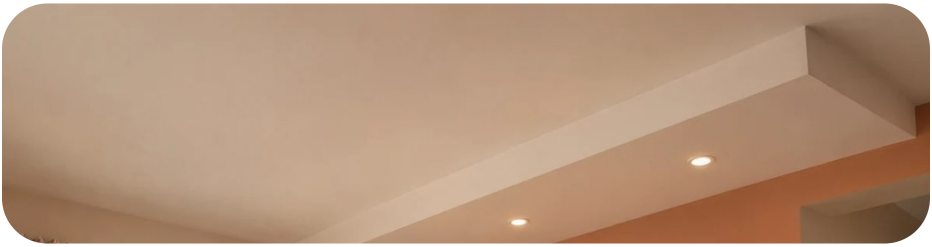
7 pages. Free to save and share. Checked 14 November 2026.

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01 / THREE DIFFERENT SCOPES

Keep it plain.
Or add with purpose.

A false ceiling is a new surface below the original ceiling.



AI illustration. A limited feature leaves most of the ceiling higher.

KEEP / Existing ceiling

New paint and surface lights. Keeps room height.

ADD / A small strip or box

For one light zone or a checked service route.

LOWER / The whole room

For a checked plan needing a wider hidden space.

There is no need to choose one option for every room.

02 / TAKE THIS NOTE TO THE SITE

Measure first. Mark the new level.

Use one unit, such as millimetres, throughout your note.

THE HEIGHT NOTE

Current height: ____. Drop: ____. Height left: height minus drop. Lowest edge: ____. Ask the fitter to mark it on the wall.

Example maths, not a fitting rule

If a ceiling is 2,900 mm high and drops 150 mm, 2,750 mm remains. Those are made-up planning numbers. They do not approve a fan or ceiling.

CHECK THE FAN SEPARATELY

Model: ____. Blade height: ____. Clearances checked by: ____. Support: ____. Use the model instructions.

A lower ceiling changes fan height. Get an electrician’s check.

03 / LIGHTS AND FUTURE REPAIRS

Nice light. Reachable parts.

Choose models before openings are cut or boards are closed.



AI illustration. An opening must suit the part that needs service.

Surface or recessed?

Surface lights sit on the ceiling. Recessed lights sit in a cut-out. Check depth, driver and fitting.

ASK THE REPAIR QUESTION

How will the part come out? Can the driver be reached? If a hatch is needed, show where and how it opens.

Gyproc lists service hatches. Heavy chandeliers need support beyond gypsum board. Ask the installer to plan all loads and fixings.

04 / TWO WORKED CHOICES

Same photo. Different needs.

Examples only, not completed jobs or promised savings.

HOME A / A BETTER READING SPOT

A family likes a cove-light photo. The real problem is a dark reading seat. Compare a suitable surface light and reading lamp before lowering the whole room.

HOME B / A PLANNED DUCT ROUTE

A family needs an agreed duct hidden at one edge. Ask the team to draw a small ceiling box, check the route and keep service access. Compare it with lowering the whole room.

What changes the decision?

A fan clash, damp area, unknown crack or blocked service point means pause that option. Get the right check before deciding.

Ask: What will this extra work do for us each day?

05 / COPY INTO PHONE NOTES

One room. Comparable quotes.

Ask every team to price the same useful result.

YOUR ROOM BRIEF

Room: ____. Need: ____. Keep: ____. Lights: ____. Fan: ____. Services: ____. Plan date: ____. Building rules: ____.

For each option, record the full total

Existing-ceiling option: ____. Small-feature option: ____. Full-ceiling option: ____. List what differs. A square-foot board rate alone is not the room total.

MARK INCLUDED / EXTRA / NOT NEEDED

Surface repairs, framing, boards, joints, paint, wiring, fittings, load supports, access, protection, waste and tax. Add who checks work before closing.

Approve one plan. Keep photos of the hidden work.

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KEEP / SAVE / SHARE

A useful choice.
An easy next step.

Share the guide, or ask about your own room.

Share this PDF on WhatsApp

Share the article on Facebook

Open article / copy link for Instagram

For Messages or Instagram, open the article and copy its browser address. Paste it into your message. No automatic posting.

Optional: contact Gandhinagar Services

SOURCES / CHECKED 14 NOVEMBER 2026

Orient: surface lights and mounting types

Orient: fan height when ceilings change

Gyproc: lights and heavy fitting support

Gyproc: service access panels

General planning help, not a support design or safety approval. Use actual product instructions. AI images, not completed work.